



UTOPIA. Country of my dreams

2nd – 13th December 2019

EVC Švýcárna, Adamov u Brna – Josefov

„From inner harmony built on the overcoming of your fears to a comfortable society.“

UTOPIA. Country of my dreams

We live in a fast-changing and interdependent world, which is full of challenges and opportunities. We during our work with young people realized that they have many questions for which it is very difficult to find answer for them: What kind of world we would like to live in? Does the country where I live suit me? How the country of my dreams will look like? How can I turn my country and our world for the better? Our team want to help answer on these difficult questions and help to find own comfortable country of dream, own Utopia. Every day we face a wide range of social, economic and environmental issues, that makes us members of the global society, and also it connect us to the other parts of the world. We can see, how lost and confused can especially young people be facing the global multilateral tasks and how difficult for them is to find out, how to be a full global society member.

Intro

The youth exchange help participants to feel secure in a world with all the risks (studying possibilities, unemployment, migration risks etc.). They find their place in a world, feel reliable and confident and face their fears coming out of bias and prejudices.

Participants will create the idea and visualisation of the Utopia – a country of dreams. Through discussions about dilemmas connected to world and create an interactive representation of Utopia, they would like to live in. Evenings will be about interactive presentations of local problems and successful ways to solve them in each country.

The project disseminates the ideas of tolerance, freedom, respect to human rights, and encourages critical thinking.

Methodology

We will use non-formal education methods. We chose interactive, creative and funny activities to make the programme as interesting as possible, like icebreakers, energizers, reflections, role-play, discussions, performances, etc. Participants will receive practical skills in conducting activities and design skills.

The project outputs will be downloadable for free and partners may use them to promote the global active citizenship. Some activities created during the project will be actively promoted in the partner countries as a follow-up (public presentations or a workshop for youth).

Most of the activities will take place in Švycárna (both indoors and outdoors). Part of a programme will be done in the city of Brno.

What to bring

- Passport (or ID card)
- European health insurance card
- Your own travel insurance for the whole duration of the project
- Clothes and shoes suitable for being outdoors, in the nature (sometimes even in bad weather)
- Czech currency (CZK) for your personal need to buy something (accommodation and 5 meals a day are paid from grant)
- Water bottle for a visit in Brno

Partners, participants and travel budget

25 young people (17 - 26 y.o.) + 5 national group leaders (18 - 29 y.o.)

5 countries – Czech Republic, Hungary, Italy, Poland and Portugal

Travel budget

Základní člunek Hnutí Brontosaurus Modrý kámen	20 €
EUROPAI HALLGATOK HALOZATANAK EGYESULETE	180 €
EURO SUD	275 €
REGIONALNE CENTRUM WOLONTARIATU	180 €
Agoraveiro	360 €

Venue

EVC Švýcárna is an eco-centre near Adamov (20 kilometers north from Brno) owned and operated by one of the Hnutí Brontosaurus regional branches. It's a fully equipped centre with an accommodation and catering facilities for more than 40 people.

The venue is accessible from Brno by public transport (30 minutes). You can use planes to Vienna/Prague, trains or coaches to reach Brno.

Ecological leisure time centre Švýcárna

Josefov 459, 679 04 Adamov, Czech Republic

www.svycarna.eu



Schedule

Utopia - country of my dreams												
July-Aug.	02.12.	03.12.2019	04.12.2019	05.12.2019	06.12.2019	07.12.2019	08.12.2019	09.12.2019	10.12.2019	11.12.2019	12.12.2019	13.12.
September	2.9.	03.09.2019	04.09.2019	05.09.2019	06.09.2019	07.09.2019	08.09.2019	09.09.2019	10.09.2019	11.09.2019	12.09.2019	13.09.
	1	2	3	4	5	6	7	8	9	10	11	12
8:30-9:00		Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise
9:00-10:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:30		Official opening	Me and world around me	Synergia	Drom visit	Stereotypes, xenophobia	Roleplay Elections	How to inspire people for common project	Event with the local group	Social entrepreneurship	100 things I want to do in 5 years	Cleaning
11:30-13:00		Presentation of Hnuti Brontosaurus	Utopia - my dream country	Practical part of the leaflet production	Station for migrants	Stereotypes, xenophobia	Roleplay Elections	How to create team	Event with the local group	Social entrepreneurship	100 things I want to do in 5 years	Departure and travel
13:00-14:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
14:00-17:00	Arrival	Team-building, hopes and fears	YouthPass intro	Quiz Ecology, consumption and pollution	Free time	Working with leaflets	How to see through	Time to work with the projects	City performance	Work with Utopia	Final feedback	
17:00-19:00	Time to know each other	From comfort to happiness + 17 Global Goals	National presentations of local problems	How to create an event	Free time	Midterm evaluation	Inclusion	3 internal strategies to inner harmony	City performance	Work with YouthPass	Free time + packing	
19:00-20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00-22:00	Movie night	Campfire evening	National evening 1	National evening 2	Free time	National evening 3	National evening 4	National evening 5	Feedback on events	National evening 6	Final big event, party	